

## Dance for 6th-11th Graders

### Video Requirements

Applicants are required to record a brief video audition. Applicants will submit a link to their video through the application checklist. Visit [SCGSAH.org/apply-now](https://scgсах.org/apply-now) to begin applying or access the application portal.

### Video Format

Introduce yourself, tell us about your ballet experience, and demonstrate the listed ballet exercises.

**1. Introduce yourself:** "My name is (your preferred name and last name)."

**2. Tell us about your ballet experience:** How many years have you been training? If you are on pointe, how many years have you been training on pointe? (If you do not have pointe experience, please let us know.)

**3. Barre work, consisting of the following:**

**Executed on one side**

- Plié
- Tendu
- Dégagé
- Rond de jambe

**Executed on both sides**

- Fondu
- Adagio
- Grand battement

**4. Center work, consisting of the following:**

- Adagio
- Center practice with added balances in position of choice
- Pirouette
- Petit allegro

**5. Pointe work, consisting of the following:** only for applicants currently on pointe

- Parallel presses – 5x slow – with support
- First position presses – 5x slow – with support
- Combination of relevé in first position – in center or with support
- Combination of échappé to second position – in center or with support

### Video Dress Code

**Females:** black leotards, convertible skin colored tights, and ballet shoes.

**Males:** black t-shirts, dance belts, black convertible tights with black shoes.

### Tips

- Make sure your video quality is clear and that we can see you the entire time.
- Need help creating the link for your video? [Check out this resource!](#)